

Resume

CNS, Career Services
Painter Hall 5.03

Most employers only spend 30 seconds-1 minute reviewing your resume!



The goal: Catch their attention.

Be concise, be direct, be organized!

Create a Winning Resume

- Keep it to one page
- Know your audience
- One resume does NOT work for all applications
- Proofread!



Header

- ✓ Big and bold
- ✓ Should stand out
- ✓ Appropriate email address
- ✓ Don't include birthday
- ✓ Address Optional

BEVO LONGHORN

123 Longhorn Lane | Austin, TX 78712 512-123-4567 | bevo.longhorn@utexas.edu

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EDUCATION

The University of Texas at Av. tin, Austin, TX Expected Month/Year (If graduated, cut "expected")

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Concentration in _____; GPA (>= 3.0 – only carry out to 2 decimal places i.e. 3.25 or 3.51)

Study Abroad (Name of school and location), Fall 2010

Relevant Coursework No more than 2-3 classes, just the name (no need for course number or grade)
Honors Include: De an's List, Academic Honors, Scholarship Recipient; awarded to top 3% with highest GPA

EXPERIENCE in reverse chronological order)

EMPLOYER City, State (Abbreviated)

Month/Year - Present

Position 1 tle

- fext (Lead with STRONG action verb, describe task/duty, your actions and the result)
- Tex
- Text

EMPLOYER, City, State

Month/Year- Month/Year

Position Title

- Text
- Text
- Text

PROJECTS (If applicable)

List academic or personal projects relevant to industry (i.e. computer science, fashion and design, etc)

ACTIVITIES & LEADERSHIP

Organization, City, State

Month/Year- Month/Year

Position Title

- (These are volunteer positions, student organizations, campus engagement)
- Text
- Text

SKILLS

Technical /Computer Skills: (Level of Proficiency and Level of Exposure)

Languages: (Basic, Intermediate, Advanced, Fluent)

Certifications / Professional Memberships / Exams:

HONORS AND AWARDS (If applicable)

- Include only what is necessary, such as the honor/award name
- No need for details unless this is important to the targeted position

Education

- ✓ Dissipate high school info
- ✓ Certificates
- ✓ Include coursework, if relevant
 - Separate section, if needed
- ✓ GPA encouraged, not required
 - Min of a 3.0 to include

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Experience

- ✓ Bulleted statements
- ✓ Formula: Task, Action, Result
- ✓ Use key words & action verbs
- ✓ Most recent listed first
- ✓ Include paid & unpaid experiences
- ✓ Quantify accomplishments
- ✓ Be mindful of tenses

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- Text (Lead with STRONG <u>action verb</u>, describe task/duty, your actions and the result)
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What do you mean by that?

Action Verbs: Strong, descriptive verbs that take ownership (Facilitated, Managed, Led, Created)

See the action verb list on our website!

Quantify: How many, how much, how often?

T.A.R. Method: Highlight the **t**ask, **a**ction and **r**esult

☑ Example

Austin Medical Examiner, Austin, TX Jun 2015 – Aug 2015 *Biology Intern*

- Performed 20 dissections on human cadavers, pigs, and sheep lungs to complete correct disease identifications
- Input 100+ data points into Excel and Access databases for disease evaluation and understanding
- Analyzed protein study data with 100% accuracy, resulting in a confirmed hypothesis

Skills

- ✓ Include languages, computer and/or technical skills
- ✓ Degree of mastery
 - (i.e.- Basic, expert, exposure to)
- ✓ Soft skills not advised here

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Position Title, Month/Year - Present

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SKILLS

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COMMUNITY INVOLVEMENT/LEADERSHIP

- Volunteer Experience
- Co-Curricular Activities / Student Org Positions / Title
 - No need for details here unless this is important to the targeted position and then include one to two bullets describing achievements while in the leadership position

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What to Avoid

"References available upon request"
Objective statements
Writing paragraphs
Generic wording and abbreviations
Passive verbs (assisted, helped, etc.)

Sara Science

hotstuff@email.com

(555) 555-5555

[Sample Resume]

Objective

To obtain a research position where I can use my skills.

EDUCATION

The University of Texas at Austin, Austin, TX

Dec 2017

Bachelor of Science in Biology

- Concentration in Cell and Molecular Biology; GPA 3.2
- Relevant Coursework: CH 301, PHY 303, BIO 311C M 408, BIO 320, BIO 328M

EXPERIENCE

The University of Texas at Austin, Austin, TX

August 2015-Present

Student Researcher

- Doing independent research under Dr. Biology in a lab focused on drug treatment for Alzheimer's
- Present research findings to a committee
- Work as a team member

SKILLS

- Spanish
- Computer and Office skills
- Great team player

ACTIVITIES & LEADERSHIP

St. David's Medical Center, Austin, TX

August 2014-May 2015

Volunteer

- Helped patients when needed
- Basic administrative duties

HONORS

- Science Honor Society
- Bronze Award



Need a Template?

Visit our <u>website</u> for Resume Guide & Template

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